

## The Consultation

### Category 2

- healing
- self development/improvement

### If the client is here for purposes listed under category 2, then they will need to attend more than one session:

- 1<sup>st</sup> session will focus on a short consultation, energy analysis (scanning the chakras, aura) and a brief healing. *This enables us to assess the subtle bodies and will assist in tracking the progress of subsequent healings.*
- Subsequent sessions will be weekly to fortnightly (*client's choice*) with the focus on healing.
- There is no set time frame for the healing process but most clients require between 6 to 12 sessions per goal. *There will always be exceptions to this depending on the severity of the condition. A condition that has taken 20 years to develop for example, will not disappear in six sessions. Ensure the client understands that this is not a 'miracle' healing.*
- The client will be required (where appropriate) to take an active role in their treatment with home care activities that will support the healing process in between sessions and encourage self responsibility for the purpose of empowerment. ***Our aim is twofold – One is to treat the client, the second is to teach the client so that they are active participants in their wellbeing.***

Ask the client whether they would like to proceed with the consultation and subsequent sessions. If their response is:

***“No, I would prefer to have a healing now”*** – then omit the consultation and conduct a healing using one or more processes from your main module of study (and module 2.1 if applicable). *Sometimes a client may opt for this option and then return at a later date for the consultation.*

***“Yes”*** – then continue with the consultation as specified below.

### If the presenting problem is a physical ailment:

- ***“Where do you feel that?”*** Have the client show you with their hand exactly where it is. This prevents misunderstandings. *For example, a client may tell you that they have a stomach ache. The stomach is located in the upper abdomen but many people use the term ‘stomach ache’ when they have pain in their lower abdomen (lower belly).*
- Clarify the condition if you are not familiar with it. Determine what the accompanying symptoms of this ailment are. *This allows you to treat the symptoms and the condition.*