

Colour Readings

Colour Interpretations

White



A white personality – reflects purity, innocence and gentleness; they feel a strong connection to a higher power and exhibit a tranquil and graceful energy. They like a simple, clean environment and find it easy to release what is no longer of benefit. Whites strongly appreciate recognition for their ideas, uniqueness or abilities and have an air of harmony and equilibrium within themselves and/or of a perfect life, even when this is not the case. A white personality tends to enjoy spending time on their own. As a result, they can be misunderstood as unfriendly, distant or unapproachable. Masters of observation and analysis, they tend to have excellent judgement coupled with self confidence and assuredness. At their best, a white personality is a well balanced, optimistic individual, that exudes calmness, a quiet confidence and a humble inner knowing. They live a relaxed, carefree lifestyle and are strongly attuned to their physical and spiritual environment.

White Destiny Key Words Spirituality, Equilibrium, Peace *These traits/activities lead to excellent judgement, observation and analysis.*

White challenge – This may indicate a need for cleansing of your mind, body, spirit, heart or environment. There may be something that requires completion or a need to release or distance yourself from someone or thing. White is calming, simplifying and strong, making it an attractive colour for those that are feeling overburdened by worry, require peace, inner strength or faith. Perhaps you are wanting to increase your confidence or your ability to judge and analyse accurately. Individuals wanting to develop their spirituality may favour white as do those wishing to be more open minded, positive and/or balanced.

White future You are heading towards a time of balance and peace. You may find your life (or inner self) to be simplified, bringing with it relaxation and time for yourself. Your connection to spirit/nature will be more evident as will your faith and self confidence, although this has the potential to lead to self importance if it is not balanced with humility. If you have had bad judgement in the past, you will find that this trait will be reduced or eliminated, enabling you to confidently make decisions based upon sound observations and analysis.